

My ski trip checklist


Basics

- underwear
- socks
- turtleneck jumpers
- pants
- sweaters
- slippers



Essentials!

- ID card or Passport
- child health record booklet
- ski class administration papers



Bedtime



- teddy
- pyjamas
- night-light
- storybooks or books

Bath time



- body-wash
- shampoo
- toothbrush
- toothpaste
- face and body moisturizer
- cotton pads and cotton buds
- perfume
- hair ties and hair clips
- hair brush

Ski gear

- sunglasses
- ski goggles
- salopettes
- ski jacket
- fleece jacket
- ski gloves
- scarf or neck-warmer
- hat
- snow boots
- ski socks
- lip balm
- high SPF sunscreen



First-aid kit

- Nurofen
- physiological saline
- thermometer
- Biafine
- dry compress
- antibiotic cream
- plasters
- scissors



+ TOYS, OF COURSE!

